

March 1, 2010

TO WHOM IT MAY CONCERN:

It is with the greatest pleasure that we write this letter of recommendation for Joel and Helen Trinidad, the managers and operators of Silva Board and Care, located in Santa Rosa, California. We have had the pleasure of knowing Joel and Helen for more than six years, and we have been truly blessed to have been able to entrust to them the care of one of our most senior family members.

Many years ago, our elderly aunt, who had a serious mobility issue, also was diagnosed with dementia. It became all too apparent that she could no longer live safely in her home alone. Because of her ongoing care requirements, it was necessary to find a suitable board and care home that would be a good match for her needs. Silva Board and Care was an answer to every prayer we had for a safe, loving, compassionate, and caring home for our aunt.

Residents of Silva Board and Care are assisted with their bathing and personal hygiene needs. The home smells fresh and clean, and there is always something wonderful simmering on the stove. Residents are served three nutritious meals, plus healthy snacks, during the course of each day. Menus are varied, so residents do not tire of a monotonous menu; fresh vegetables and fruits are generously served.

Because Silva Board and Care accepts a maximum number of just six residents, each with a private or semi-private room, the home feels like a home and not like a facility. The home is decorated very nicely, and the dining table is almost always set with lovely linens and fresh flowers. Special attention is paid to ensuring the maximum comfort and safety of all residents.

It is truly a pleasure to visit your loved one at Silva Board and Care, and because the family atmosphere is so effective, you often enjoy visiting the other residents and their families right along with your own family member. The atmosphere is conducive to pleasant conversation, and you always feel welcome. As a resident of Silva Board and Care, our relative has thrived. In fact, very recently, we all gathered at Silva Board and Care to celebrate her 98th birthday!

We are so grateful for the outstanding and professional care our aunt has received at Silva Board and Care, and we give this wonderful home and its capable staff the very highest recommendation possible!

Sincerely,

Karen M

June M.

Sebastopol, California